

Patient Instructions

Temporary Crowns

- One or more of your teeth were prepared for a crown/crowns, all porcelain restorations, or a fixed bridge today
- It is very important that the provisional crown or crowns stay intact protecting the teeth
- If the provisional comes off or becomes loose you will need to call the office for an appointment to have it re-cemented.
- You may experience sensitivity to temperature changes, this is normal. If the sensitivity is extreme, please call the office
- When flossing teeth with provisionals – Pull floss through the contact in between the teeth and pull the floss through the teeth. Do not pull the floss up. This might loosen or take off the provisional.
- Gentle brushing of this area is recommended
- Please avoid these foods: caramel nuts of any kind pizza, chips, carrots, hard candy/chewing gum or crunchy foods of any kind
- Please refrain from chewing ice
- If you have provisionals placed on your anterior (front) teeth, either upper or lower, please refrain from using them to bite anything
- Please avoid these items in addition to the foods listed above:
 - sandwiches
 - apples
 - corn on the cob