

Patient Instructions

Porcelain Restorations

- Brush and floss the restorations as you would normally maintain your other teeth.
- Please avoid biting directly into these foods, if you have anterior (front) teeth with porcelain restorations. apples carrots celery tortilla chips caramels or sticky candy hard or crunchy food of any kind.
- Please refrain from chewing ice.
- You may experience some sensitivity to temperature changes, when the restorations are initially placed. This should diminish over time. If the sensitivity is extreme, or trends toward the worse, please call the office.
- It is important to schedule your maintenance appointments. Keeping the gum tissue healthy and the teeth free from plaque and tartar is essential to prevent recession of the tissue and decay of the teeth.