

Patient Instructions

Root Canal

What to Expect!

- It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving endodontic therapy. This should subside within one week.
- Your tooth will be sensitive to biting pressure and may even appear to feel loose. This feeling is a result of the sensitivity of nerve endings in the tissue just outside the end of the root, where we cleaned, irrigated, and placed filler and sealer material. This feeling should be short-lived.
- You may feel a depression or rough area where our access to the inside of the tooth was made. There is a soft temporary material in that area, which may wear away to some degree before your next visit.
- Occasionally, a small bubble or pimple will appear on the gum tissue within a few days after completion of the root canal. This represents the release of fluid pressure. This should disappear within a few days. Please call the office, if this bubble appears or persists.

What to Do!

- Kindly have the medication prescribed.
- Whenever possible, try to chew on the opposite side from the tooth we have just treated, until you have a crown or onlay placed. Until that time, your tooth is weak and could fracture beyond repair.
- Please avoid chewing gum, hard candy, caramels, or other sticky, soft candy that could dislodge the temporary or fracture your tooth.