

Patient Instructions

Extractions

- A piece of sterilized cotton will be placed at the extraction site. Keep it in place for an hour. Swallow the saliva even if it has a taste of blood. Do not spit the cotton. Remove it gently with your hands.
- Do not swish your mouth repeatedly for 24 hours.
- Place ice pack over the cheek at the side of extraction intermittently over a period of 12 hours.
- Try to avoid lying down and brushing at the side of extraction.
- Mild swelling and pain are usual after extraction for a day or two. This can be reduced with the help of hot fermentation and saline gargle. This should be done 24 hours after extraction.
- In case of surgical extractions, the swelling may last for 4-5 days. This is normal.
- Avoid chewing at the side of extraction for a week.
- Kindly follow the prescription provided.